

# Queen Ethelburga's Collegiate

ENRICHMENT TRIPS 2019-20

### **CONTENTS**

#### PAGE 2

Introduction to Enrichment Trips at QE

#### PAGE 3

What our students say about Trips at QE

PAGE 4

Academic Day Trips

PAGE 7

Weekend Full Day Excursions

PAGE 10

Residential Trips

PAGE 33

Combined Cadet Force (CCF)

PAGE 33

Overnight Sports Trips

PAGE 34

External Residential Trips - Independent Applications

PAGE 35

**FAQs** 

## **CO-CURRICULAR CONTACT INFORMATION**

Should you require any further information about any of the trips in this booklet, please contact our Co-Curricular Trips Team directly on:

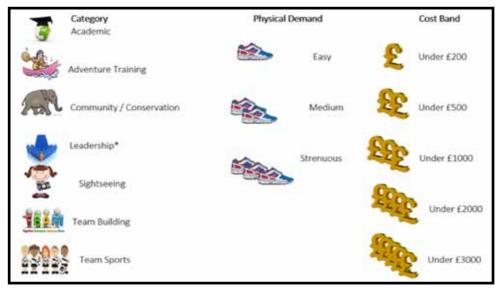
trips@qe.org

Emma J Chapman Head of Co-Curricular Joseph Freeman

Deputy Head of Co-Curricular At Queen Ethelburga's Collegiate, alongside academic success, it is our intention to provide students with a holistic education and the opportunity to develop knowledge, skills and experience beyond the classroom environment. With a team of staff dedicated to Co-Curricular provision at QE our programme is extensive; promising something for everyone!

You can now view our Trips Brochure for 2019-20, containing for the first time, a preview of our Academic Day Trips, Weekend Full-day Excursions and Residential Trips - UK and Overseas. There are opportunities to take academic subjects beyond the classroom, learn or master a skill, contribute to conservation and community projects and learn about history and culture across the UK and beyond! All of our residential trips aim to develop a passion for exploring the world and equip students to become accomplished travellers; developing skills such as navigating both rural and city landscapes, reading public transport systems and timetables and ordering food in a new language.

To help you choose a trip that meets your needs and budget, each trip is allocated: a category related to its overreaching aim; a physical demand rating for the activity level undertaken; and a cost band, which the trip should not exceed when booked.



To view the book online visit www.qe.org

## IN ONE WORD, STUDENTS DESCRIBED OUR TRIPS AS...

"Amazing" "Happy" "Inspirational"
"Eye-opening" "Wonderful"

After each residential trip students complete a feedback session and questionnaire to reflect on the impact the trip has had on their ACHIEVEMENT and PERSONAL DEVELOPMENT beyond the classroom. They share memorable experiences and make recommendations for future trips.

## These are the top 5 reasons students say they joined a QE trip last year;

1. The exciting itinerary or activities

2. To learn a new skill

3. The country/city being visited

4. To contribute to a community/conservation project

5. To experience a new culture/language

## When asked about the impact on their achievement and personal development outside the classroom, students said:

- I have learned to care for others and appreciate what we have.
- I have more courage to ask for help.
- I learnt how to communicate with new people, and to work in a team.
- It makes me feel like better person & have more of a positive outlook on my life.
- I plan to study conservation at university, so this trip helped to open my eyes for what conservation is like in the real world.
- It will look good in university applications that I volunteered.
- It expands your friendship around the school.
- I think I'll be more open toward other people and activities in the future, which will really help me with asking for help with problems I have.
- Improved communication, resilience, teamwork, patience, cultural awareness.
- I am more confident and independent, and I also learnt how to ski!
- Being responsible and independent as this is the first time away from home without BOTH of my parents!

At QE, we hope you find a trip that interests you, and once you have got involved you return feeling very similar to this student:

"I loved this trip and I really want to go back. It was an excellent experience and I would definitely recommend this to other people"

#### **ACADEMIC DAY TRIPS**

Our Academic Day Trips aim to extend learning beyond the classroom, in environments that spark curiosity and passion by bringing curriculum topics to life! Every year group, from our youngest in Chapter House to our Sixth Form, have the opportunity to access an academic, curriculum-focused day trip. Over 300 Academic Day Trips are provided each year to enrich the students' academic experience at QE.

#### Careers Department Trips:

Spring 2020: Oxbridge Convention. Y12, Newcastle.

Spring 2020: Oxbridge Evening Presentation. Y12, Ripon.

Spring 2020: HEED - Aspiring Medics. Y12, Leeds.

Spring 2020: Female Founders Fair. Y12, Thirsk.

Spring 2020: Young Medical Day. Y13, Harrogate.

#### Chapter House Trips:

Autumn 2019: Arboretum. KS1-Y1/2 & Y4, York.

Autumn 2019: Yellow Brick Road, Y5.

Autumn 2019: Murton Park. Y3.

Autumn 2019: Eureka Museum. Y4, Halifax.

Spring 2020: Rainbow Ceramics. KS1-Y1/2, York.

Spring 2020: Murton Park. Y5.

Spring 2020: Railway Museum. Y4, York.

Spring 2020: Nuzzlets. KS1-Y1/2, York.

Spring 2020: Jorvik & Art Gallery. Y5, York.

Spring 2020: York Chocolate Story. Y4, York.

Summer 2020: Barley Hall & Summer Visit. Y3.

Summer 2020: Summer Visit, KS1-Y1/2.

#### Creative Arts Department Trips:

Drama Trips to Touring Performances: Y6-13, various dates and locations throughout the year.

Autumn 2019: Yorkshire Sculpture Park, Wakefield.

Autumn 2019: Boroughbridge Late Night Shopping Choir Performance and to various care homes,

Boroughbridge & surrounding areas.

Spring 2020: Salts Mill Gallery. Saltaire, Wakefield.

Spring 2020: Young Voices. Sheffield.

Spring 2020: York Choir Festival. York.





#### **EAL Department Trips:**

Autumn Term 2019: York Cocoa House. Y12, York. 2019/20 – Theatre, Cinema, Museums. College Prep.

#### **Humanities Trips:**

Autumn 2019: Coastal Enquiry. Y8, Robin Hood's Bay.

Autumn 2019: GCSE Human Fieldwork. Y11 Faculty, Leeds.

Autumn 2019: Tropical World. Y7, Leeds.

Autumn 2019: Thackray WWWMuseum. Y11 & KS4C, Leeds.

Spring 2020: GCSE Physical Fieldwork. KS4C.

Spring 2020: GCSE Human Fieldwork. KS4C.

Spring 2020: History Royal Armouries. Y9, Leeds.

Summer 2020: Fieldwork. Y9, Malham.

Summer 2020: GCSE Physical Fieldwork. Y10 Faculty, Pickering.





#### Mathematics Department Trips:

Autumn 2019: Maths in Action. Y12-13, Salford University.

Autumn 2019: Maths in Action. Y10-11, Salford University.

Spring 2020: WP Milne Lecture. Y12-13, Leeds University.

#### MFL Department Trips:

Spring 2020: French, German & Spanish A Level Training. Y12-13, Leeds/Manchester.

Spring 2020: French, German & Spanish Speaking Training Webinar. Y10-11.

Summer 2020: Euro Fest. Year 8, location TBC.

#### Personal Development Trips:

Summer 2020: Farm Visit to local Food Suppliers. Y7, Boroughbridge/York.

Various Dates: Outreach Trips to local Primary Schools. Y7, York.





#### Science Department Trips:

Autumn 2019: SK Foods Trip. Y12-13 BTEC, Middlesbrough.

Autumn 2019: Pocklington Beck. Y13 Biology, Malton.

Autumn 2019: Maths in Action. Y12-13 BTEC, Salford University.

Autumn 2019: Maths in Action. Y10-11 BTEC, Salford University.

Spring 2020: Top of the Bench Competition. Y10 & 12, York University.

Spring 2020: GCSE Science Live. Y10 & 11, Sheffield/Leeds.

Spring 2020: International Particle Physics Masterclass. Y12-13, Durham University.

Spring 2020: Science Week STEM. Y12-13, Sheffield Hallam University.

Spring 2020: Salters' Festival of Chemistry. Y7/8, York University.

Spring 2020: WP Milne Lecture. Y12-13, Leeds University.

Summer 2020: University of York Nuclear Physics Masterclass. Y12-13, York University.

#### Social Science Trips:

Autumn 2019: Bank of England Challenge.

Autumn 2019: Grade Booster Revision Conference. Y13 BTEC Business, Leeds.

Spring 2020: Young Game Designers. Y8.

Spring 2020: Parliament Law/Politics. Y12-13, London.

Spring 2020: Grade Booster Economics Conference. Y13, Leeds.

Spring 2020: Grade Booster Revision Psychology Conference. Y13, Leeds.

Spring 2020: Grade Booster Revision Business Conference. Y12 BTEC Business, Leeds.

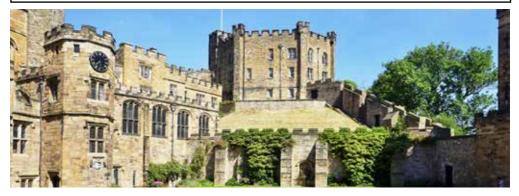
Spring 2020: Flamingo Land (Customer Services). Y11 BTEC Business, Malton.

#### Year 6 Trips:

Autumn 2019: Teambuilding Day. Marrick Priory.

Autumn 2019: Theatre Trip.

Spring 2020: Historical Studies Trip. Eden Camp.



## WEEKEND FULL DAY EXCURSIONS

Our Weekend Activities Team are delighted to promote some extended Day Excursions on offer in 2019-20:

## CHRISTMAS ILLUMINATIONS-Blackpool, UK.

20 October 2019 - Year 3-10.



This popular day excursion returns with an exciting chance to visit the seaside resort of Blackpool, situated on the western coast of the UK. Whilst most seaside resorts shut down during winter, Blackpool remains open and attracts millions of visitors due to the spectacular illuminations which light up over 6 miles of the coastline. This trip will take students up the soaring 380ft high Blackpool Tower Eye, where they can stand on the glass viewing platform to see panoramic views of Northwest England, including across the Irish Sea, Isle of Man, Lake District and Liverpool on a



clear day. Students will visit the famous Blackpool Tower Ballroom, which features on the BBC's Strictly Come Dancing and dates back to 1894 with its unique sprung dancefloor and spectacular architecture. In addition, students can experience the Blackpool Tower Dungeon and Blackpool Circus. As the evening sets in, this trip will conclude with a bus ride along the six-mile stretch of illuminations on Blackpool's promenade.

## WARNER BRO'S STUDIO TOUR; HOGWARTS IN THE SNOW -London, UK.

01 December 2019 - Year 3-13.



This day excursion will take students to the fantastic Leavesden Studios; home to the Harry Potter Studio Tour. Students will have the opportunity to step on authentic sets and discover the magic behind the spellbinding special effects behind the scenes of the Harry Potter film series. Students will tread the original stone floor of the iconic Hogwarts great hall, encounter animatronic creatures and wander down Diagon Alley. Located at the studio where all 8 films were produced, the Studio Tour showcases the incredible British talent, imagination and artistry that went into making the impossible a reality on screen.





7

## ACTIVITY DAY-Manchester, UK.

20 January 2020 - Year 3-13.



This day excursion promises an action-packed itinerary! Students will visit one of the most famous and iconic places in Manchester, Old Trafford. Home to Manchester United

Football Club and with a capacity of 74,994, it is the largest club football stadium in the UK. Students will have a guided stadium tour and explore the museum to find out about the stadium and club history, where they will have opportunity to have a photo with replica Premier and Champions League trophies. In addition, students will experience how it feels to fall 12,000 feet at an indoor skydiving centre! Following basic training, students will be fitted with the equipment they need before entering a wind tunnel to fly. Postflight, students will receive a certificate of achievement and the opportunity to purchase a personal photograph of them flying! For the final activity of the day, Year 3-7 will visit the Lego Discovery Centre where they will experience rides, mini villages created entirely



from Lego, a 4D Cinema and a factory tour which will demonstrate how 600 billion Lego parts have been produced around the world. Meanwhile, Year 8-13 will have shopping time at the Trafford Centre.



## CAMBRIDGE TOUR-Cambridge, UK.

7 March 2020 - Year 9-13



During this day excursion students will visit the beautiful city of Cambridge which is well renowned for its architecture, University and picturesque surroundings. Students will tour the prestigious university buildings, hear fascinating facts, myths and quirky traditions. Previous graduates include the likes of Ernest Rutherford, whose contribution to nuclear physics has shaped our world today. As well as a University tour, students will experience a Cambridge tradition, punting on the river



Cam. Punting requires the punter to use a long pole and move the flat-bottomed boat by pushing directly on the bed of the river. The river Cam and the College Backs are the very heart of Cambridge and were listed by English Heritage as a grade 1 historic park.

## WHITBY BY STEAM TRAIN -Whitby, UK.

14 June 2020 - Year 3-10



During this day excursion, students will enjoy the spectacular sights that the North Yorkshire Moors has to offer. Starting in the market town of Pickering, students will board one of North Yorkshire Moors Railway's fleet of heritage steam and diesel trains to travel the 24 miles through tranquil scenery, alighting in the seaside resort of Whitby. On the way, students will pass through Goathland station, which served as Hogsmeade station in the first Harry Potter film and Grosmont station, where students may catch a peek behind the scenes as this is the hub of the



railway where the locomotives are stored and maintained. Upon arrival in Whitby, students will explore Whitby Abbey, the soaring gothic ruins with stunning sea views which featured in Bram Stoker's novel, Dracula! After a lunch of traditional fish and chips, students will walk down the pier to enjoy the views of this beautiful sea side town before boarding the train back to Pickering.

#### **RESIDENTIAL TRIPS**

Residential trips at QE, come highly recommended by students, creating long-lasting memories. They are a great way to make new friends and learn more about oneself. Our trips promote a curiosity to explore and equip students with skills in organisation and independence to become accomplished travellers. The following residential trips provide opportunities for almost every interest, budget and age. With trips open to Year 3-13, age really is no barrier! We hope to see you on a trip soon.

### CERN - EUROPEAN COUNCIL FOR NUCLEAR RESEARCH -

Geneva, Switzerland.

13-15 September 2019 - Year 9-13.





This is a unique and rare opportunity to visit one of the world's largest particle-physics laboratories, when it opens its doors to the public this September. CERN was a vision of scientists at the end of the Second World War, who identified the need for Europe to have a world-class physics research facility. Today, CERN unites scientists in the pursuit of understanding what the universe is made of and how it works. This is achieved by providing a unique range of particle accelerator facilities to researchers, to advance the boundaries of human knowledge. On this trip, students will discover the facilities both underground and, on the surface, watch debates, film screenings, theatre performances and experimental workshops. The trip will take students to the heart of the laboratory, in direct contact with the science of today and tomorrow. In addition, student may get to complete the Passport to the Big Bang, an interactive circuit through which you can solve riddles to explore the Large Hadron Collider (LHC), the world's largest particle accelerator. Its 27 km ring is buried 100 metres below the French and Geneva countryside. The LHC was designed to explore the biggest mysteries of our Universe... What happened after the Big Bang? How did our Universe evolve? A unique and stimulating academic experience awaits students joining this trip!





## GET OUTDOORS ACTIVITY WEEKEND! Peat Rigg Outdoor

Centre, Pickering.

27-29 September 2019 - Year 10-13.



On this trip students can enjoy a range of adventurous outdoor activities such as abseiling, archery, bush craft, canoeing, climbing, mountain biking, orienteering and exhilarating zip lines. This trip is an excellent opportunity for students to build confidence, strengthen friendships and team work in a relaxed yet exciting outdoor setting. Students participating in the Duke of Edinburgh (DofE) Silver & Gold Award are encouraged to attend to develop skills in orienteering,



communication and leadership, that will be directly applicable to their DofE Expeditions.

## HISTORICAL EDINBURGH – Edinburgh, UK.

28-29 September-Year 7-13.



This residential offers a fantastic opportunity for students to explore the capital city of Scotland; steeped in culture and history. Students will begin the day overlooking the city from the famous Edinburgh Castle, home to Scotland's Crown Jewels and the Stone of Destiny, which was used in the coronation of Scottish rulers. Students will walk the Royal Mile, starting at an extinct volcano and continue down the slope that was formed by the retreat of an ice age over 325 million years ago. Based in the Old Town and



within a World Heritage site, the area is culturally and historically important to the city and jam packed with things to see and do. The Royal Mile connects two royal residences (the Castle and the Palace of Holyrood House), it is also home to old and new parliaments, law courts, a cathedral and churches, and a vast range of shops, restaurants and cafes. Students will visit the Dynamic Earth Museum, an interactive 4D adventure to discover how our planet has changed over time and Edinburgh Zoo, home to a wide variety of different species of animals. There will also be time to explore Princes Street, the main place for shopping in Edinburgh.

## MISSION TO THE MIDDLE EAST! - Petra & Wadi Rum, Jordan.

Autumn Half-term 2019 – Year 8-13.



This exciting NEW trip to the Middle East, will take students from the bustling city of Amman to the depths of the desert, promising students a truly memorable trip of a lifetime! Students will experience floating effortlessly at the lowest point on earth, the Dead Sea, visit the ancient ruins of Jesrah and the Crusader hold Kerak Castle, and also see the oldest mosaic map of old Jerusalem and the site of Bethany, where Jesus was baptised. A drive

to Petra and Wadi Rum promises an unforgettable few days in the Arabian desert; firstly the 'half as old as time' rose-red city of Petra, where students will marvel at the engineering genius of these ancient people as they walk through the archaeological park. Entering at the Siq, a narrow gorge, over 1km in length and flanked by soaring high cliffs, the walk will take in Al-Khazneh (Treasury), a Roman-style theatre, obelisks, temples, sacrificial altars, colonnaded streets,





and following a flight of 800 rock cut steps, students will reach the impressive Ad-Deir Monastery. From Petra, students will travel to Wadi Rum for a 4x4 tour, an overnight stay in the nomadic Bedouin tribe tented village and a Hot Air Balloon Ride (conditions dependent) across the desert at sunrise, concluding this unforgettable adventure!



### AS LEVEL GEOGRAPHY FIELDTRIP - Northeast Coast, UK.

22-23 November 2019 - Year 12 Geography students.



This AS Level Geography fieldtrip forms part of the two-day compulsory fieldwork to be undertaken in relation to processes in physical and human geography. Year 12 Geography students will undertake fieldwork investigations to prepare for answering AS exam fieldwork questions, provide case studies and train in skills needed for the A-Level Individual Investigations. Day one is spent looking at regeneration in Scarborough Town and day two on the Holderness coast investigating how management impacts the beach



profile. The prime focus for both days is on how to undertake a fieldwork investigation, use of quantitative and qualitative methods and sampling techniques.

## BERLIN AT CHRISTMAS - Berlin, Germany.

6-8 December 2019 - Year 6-13.



Sample the delights that the beautiful city of Berlin has to offer on the lead up to Christmas. Our first day in the city will be spent visiting the enchanting Christmas markets where the students will no doubt, bring home some wonderful gifts to share. This day will also give time for a guided tour of the famous 'Berlin Wall', learning about the history and unification of Germany through the unique drawings placed upon it, as well as a walking tour of the East Side of the city. On our final day in this stunning city, the students will visit the Berlin TV Tower which sits 200m in the air and has a 360-degree, picturesque views of the city. We will also have brunch in the Tower restaurant. A sight not to be missed!







## BATH THIS CHRISTMAS - Bath, UK.

7-8 December - Year 6-13.



Students will spend a busy weekend in the city of Bath, known for its Roman baths and

feel-good atmosphere, which combines vibrant, contemporary culture with a rich history and heritage. Students will explore the city with a guided walking tour taking in sights such as Bath Abbey, The Royal Crescent, The Circus and Pulteney Bridge. Students can also visit the Jane Austen Centre to discover the history her life and writing. There will be the opportunity to savour an aerial view of the award-winning Bath Christmas Markets, by climbing the 212 steps to the top of the Bath Abbey Tower. Every winter, Bath's Royal Victoria Park transforms into a winter wonderland, where the famous 18-hole adventure golf course has a festive makeover with glow-in-the-dark golf balls, mist and atmospheric lights. A unique Christmas activity for students to participate in, where they can challenge each other to a game in the beautifully





lit park. Students will follow the Christmas Tree Carol Trail where they will try to find ten uniquely decorated trees and identify the musical theme of each tree. There will be plenty of time dedicated to exploring over 160 chalets which form the Bath Christmas Markets and visiting Southgate, the leading shopping destination, where students will have the opportunity to purchase Christmas gifts.

# GCSE REVISION & STUDY SKILLS BOOSTER - Carlton Lodge Activity Centre, N. Yorkshire.

Autumn Term 2019 - Year 11 (Faculty).



The focus of this weekend residential trip is to support invited students to improve their revision planning and study skills in the lead up to their GCSE and BTEC examinations. Study skills sessions will be led by Faculty Learning Mentors, Teaching Assistants or teachers from school in a classroom setting. In between the study and revision skills sessions,



the students will take part in raft building, problem solving, and bush craft activities led by qualified Activity Centre staff. These activities will help our students to develop their confidence, communication and team work while taking a break from study. Students will stay at the centre for two nights where all meals will be provided.

# INDEPENDENT SCHOOLS SKI & SNOWBOARD CHAMPIONSHIPS – Les Deux Alpes, France.

12-18 December 2019 – Year 5-13 (born from 1 Jan 2001 onwards).



This is a unique and new trip, aimed at technical, confident and fast skiers or snowboarders! We are excited to select a team to represent QE against other independent schools. Students will participate in three days of expert race training and two days of competition, with races for each age category below in giant slalom, individual slalom, team parallel slalom, night parallel slalom:

#### Senior:

- U18 Born between 1st January 2001 & 31st December 2002
- U16 Born between 1st January 2003 & 31st December 2004
- U14 Born between 1st January 2005 & 31st December 2006

#### **Junior:**

- U12 Born between 1st January 2007 & 31st December 2008
- U10 Born on 1st January 2009 or later

This is a fantastic opportunity to return to QE with prestigious medals and silverware!



## THE DUBLIN EXPERIENCE - Ireland, UK

18-19 January - Year 9-13



This weekend trip will take students to the vibrant capital city of the Republic of Ireland; Dublin. Just a short flight away, Dublin has much to offer from historic heritage sites to famous tourist attractions, including the popular Leprechaun Museum, where students will learn about ancient folk tales and myths surrounding this lucky island! Students will use the



City Sightseeing Hop-On Hop-Off bus to visit Dublin Zoo, Kilmainham Gaol, Trinity College and Croke Park, the home of traditional Gaelic Games. In addition, traditional Irish dance and song will be the evening entertainment, rounding off a truly cultural insight!

## ICELANDIC ADVENTURE! Reykjavik, Iceland.

24-27 January 2020 - Year 9-13.



A trip to Iceland has the potential to be an unforgettable experience, exploring the country known for having extreme contrasts; fire, ice, light and darkness! Students will soak in the iconic Blue Lagoon, visit the capital Reykjavik, walk along the plate boundary to observe the plate tectonics of Geysir, visit Pingvellir National Park, Gullfoss Waterfall and hopefully witness the magic of the Northern Lights! Students will also walk on the Langjökull Glacier and have an ice cave tour. This is a short, busy visit that will provide a flavour of Iceland's most phenomenal landscapes, culture and history. Students will also have the option to participate in a Dogsledding Tour, during which they will meet the dogs and explore the glacier by sled!



## EAST COAST EXPLORER - New York City & Washington DC, USA.

Feb half-term 2020 - Year 7-13.



Back by popular demand, we have not taken students to the Big Apple since 2016! In New York, students will visit the hugely poignant 9/11 Museum and the thought-provoking headquarters of the United Nations. Here they will learn about disarmament, human rights, and sustainable development goals and can get their passport stamped for entering an international territory! Students will, of course, visit iconic landmarks such as the Empire State Building, Times Square and the Statue of Liberty and dependent on student interests, attractions such as the Museum of Modern Art or Natural History, Radio City Music Hall and Brooklyn Bridge can be built into a flexible itinerary. Other activities will include walking the New York's elevated park the High Line, ice skating in Central Park, shopping at Macy's and Woodbury Common retail outlet, a basketball match and a spectacular Broadway show! A truly memorable trip already.

A stop in the US capital, Washington D.C. will provide students with an insight into





American history and politics, with a tour of the iconic Capitol Building and a walk down the National Mall, America's most visited National Park. Students can ascend the 170m towering Washington Monument and visit the Lincoln Memorial, the site of Martin Luther King's iconic 'I have a dream' speech. Students can choose to explore some of the 17 Smithsonian museums, galleries and sculpture gardens, which includes the interactive National Air and Space Museum. A visit would not be complete, without a photograph outside The White House and a visit to its souvenir shop!





## SKI THE MILKY WAY! Sestriere, Italy.

Feb half-term 2020 – Year 4-11.



This is an exciting trip for skiers of all abilities, to the well-known Italian ski area, the Milky Way! After a short flight, students will stay in one of the iconic cylindrical resort towers, purpose built in 1933 by Giovanni Agnelli, founder of the Fiat motor company. Students will learn to ski or develop existing technique under the specialist supervision of well-qualified and



experienced instructors from the Italian Ski School. The Ski School will deliver 5 hours of ski tuition a day to coach students to become more efficient and confident skiers on the slopes. During the day, students will pause to eat a hot lunch, reflect on their skiing and the spectacular scenery around them and reinvigorate for the afternoon session. The process of learning to ski can be challenging and requires students to persevere to master the skill; the resulting success providing them with an immense sense of achievement and pride. In addition, the whole trip experience contributes to students' holistic development, improving personal organisation, communication, independence, travel awareness and self-confidence. A range of evening après ski activities will provide students with opportunities to make new friends as they share their adventures from the slopes each day. Activities Summer include bowling, swimming, ice skating, a quiz and disco etc.



## SKI TEASER - Cairngorms, Scotland.

Feb half term 2020 – Year 4-8.



'Ski Teaser' provides students with an introductory taste of the exhilarating sport of skiing,

or for more advanced skiers, a shorter UK-based ski adventure. Shorter in length, this trip does not skimp on views or quality; Glenshee Ski Centre offers a stunning setting and is Scotland's largest ski centre with 22 lifts and over 40km of ski runs, it caters for all abilities. This four-day trip to Scotland will include two full days of skiing, ski hire, lift pass, tuition, food, accommodation, and transportation.



## BASKETBALL TEAM TOUR! Barcelona, Spain.

13-17 February 2020 - Year 11-13 (Under 16-18 Squad players only).



In February 2020, both the Under 16 and 18 QE Basketball teams will set off to one of the most beautiful destinations in Europe to enjoy fantastic sightseeing and compete in multiple games against some of the best opposition Spain has to offer. Behind the USA, Spain sits atop the Basketball world as a perennial powerhouse, with the second-best domestic league in the world. Their player development is considered second to none and they produce many players who go onto professional Basketball careers. For QE students to spend time in this





environment would be an immeasurable opportunity for their development. Students will get to prepare for their matches, training daily in fantastic facilities, with guest coaching from some of Spain's top coaches. Students will also get to watch a Euro League Basketball game which is widely considered to be one of the best playing standards in the world. The third-most visited city in Europe and consistently named one of the happiest cities in the world, Barcelona will also provide our students with a unique blend of tradition and modernism, with sightseeing opportunities and a chance to immerse in the Mediterranean climate, abundance of culture and cosmopolitan spirit.

## DUKE OF EDINBURGH'S AWARD EXPEDITIONS -

North Yorkshire, UK.

March-May 2020 - Year 10-13.





The Duke of Edinburgh's Award is the world's leading youth achievement award that has been inspiring, guiding and supporting young people in self-development and recognising achievements since 1956. There are three levels:

- Bronze (for students aged 14 and older)
- Silver (for students aged 15 and older)
- Gold (for students aged 16 and older)

The Bronze and Silver Award are achieved by completing a programme of activities in four sections (volunteering, skill, physical, expedition). The Gold Award is achieved by completing a fifth section (residential away from home and school). Expeditions are overnight walking and camping trips to the North York Moors. We strongly encourage students to participate in DofE, as the benefits reach far beyond their positive experiences whilst completing the award. Future employers and universities value DofE very highly and recognise award holders to be hard working, adventurous and exceptionally committed.

#### EXTRAORDINARY EXPEDITION - Morocco.

Easter 2020 - Year 9-13.



This expedition provides a life-changing experience for our students, due to the setting and challenge involved. In this unique adventure, students will play a part in planning the itinerary and managing the food and transport budget whilst on expedition. They will be given the chance not only to witness stunning parts of the word but also a very different way of life, while immersing themselves in the culture through project work. The adventure will start when they will arrive in Marrakech and spend a day acclimatising to the sights, sounds and smells of the ancient city. A trek will then take them into the High Atlas Mountains where they will be blown away by the most picturesque landscapes Morocco has to offer and the traditional countryside forgotten by time. Students will stay in tented accommodation along the way and enjoy campfires, local cuisine and traditional cooking methods. The next part to this expedition sees the students





working alongside the locals on a community/environmental based project. They will then trek out of their project with a massive sense of accomplishment, reaching Marrakech to explore the famous markets and reflect on the success of their expedition. Students will need a sense of adventure, and a moderate level of fitness for this trip.



## EXPLORE INDIA! Golden Triangle, India.

4-13 April 2020 - Year 9-13.



A wonderful, and possibly once in a lifetime opportunity, for students to fully immerse themselves in the culture of India by exploring the rural and city sights, smells and sounds of the Golden Triangle - Agra, Delhi and Jaipur. Students will learn about sustainability, customs and traditions by visiting local villages and schools. In Agra, students will visit the iconic Taj Mahal and participate in important conservation work at Wildlife SOS Bear Rescue. In Delhi, students will have the opportunity to get 'hands-on' in a community kitchen at Gurudwara Bangla Sahib. In Jaipur, also known as the pink city, students will see great contrasts; the amazing sights of the Amber Palace, fabulous shopping opportunities in seemingly endless bazaars and a rare opportunity to learn local games and lead creative and sporting activities with children at an orphanage. Overall, this is a truly immersive





trip, which undoubtedly will increase students' cultural and travel awareness, confidence, leadership and teamwork skills, whilst creating unforgettable memories.



## CCF EXERCISE ARES CHALLENGE - Cyprus.

Easter 2020 - Year 8-13.



The Combined Cadet Force will deploy on Exercise Arés Challenge located in Cyprus. The aim of the exercise is to develop leadership skills and resilience through Infantry training whilst operating in a different climate. There will also be the opportunity to visit both regular Army and RAF units as well as the United States Air Force base. In addition to the military training, it is intended to conduct cultural visits to local sites of antiquity, engage



in beach activities and hold a Contingent BBQ. Cadets will conduct preparatory training in the UK over the first 2 days and then fly to Cyprus to conduct the main exercise which could include a 48-hour tactical exercise (Section and Platoon Battle Drills), a Range Day (Firing of the SA80 rifle and Light Support Weapon) and the following visits:

- Regular Army Officers' Mess.
- RAF Helicopter Squadron (to include flying if circumstances allow).
- USAF (includes briefing and introduction to U2 aircraft).
- Local site of antiquity. Dreamers' Bay (beach day).
- Red Arrows (if in situ).

(All activities are dependent on MoD authorisation & availability at the time of Exercise) The MoD will subsidise the Exercise. However, a contribution of approximately £700 is required. This will cover the cost of flights, a contribution towards food, the purchase of specialised climate related equipment, transport where MoD transport is not available and entry to local attractions. In summary, Exercise Arés Challenge will be informative and challenging but above all good fun!



## CREATIVE ARTS ON TOUR! Lake Garda, Italy.

Summer Term 2020 – Year 6-13.



We are thrilled to offer our first Creative Arts Tour to the magnificent Lake Garda, the largest of the Italian Lakes. Students will travel by air before exploring many of the sights this beautiful region has to offer. Students will visit the idyllic old town of Sirmione to appreciate the architecture of its narrow lanes. A visit to Salo will take students on a lakeside walk to see a multitude of street performers, while at the picturesque medieval town of Torri del Benaco students can enjoy some traditional Italian gelati ice cream harbourside! Students will marvel at the splendour of Lake Garda, sketching or taking that perfect sunset photograph. Whether playing solo or as part of a larger ensemble, our musicians will plan their own concert repertoire and focus on improving their performance skills and technique, before playing live to audiences in several magical lakeside concerts. Their sense of achievement and accomplishment will fill them with pride and life long memories. In the hilltop town of Bergamo, students will immerse in the history and culture, exploring the Città Alta and Piazza Vecchia, the main square in the heart of the city. Drama students will enjoy the next stop in Verona, the home of Shakespeare's Romeo and





Juliet, where they can view Juliet's balcony and pay a visit to the Roman amphitheatre. Built over 2000 years ago, this remarkable structure still produces large scale operas and regularly hosts high profile concerts from artists such as Bruce Springsteen, Jamiroquai and Sting to name but a few! Students will can also visit Gardaland, Italy's premiere theme park and enjoy some of the rides before departure.



## CASTLES OF THE NORTH - Northumberland, UK.

25-26 April – Year 6-13.



Students on this residential weekend trip will discover the history of some of the magnificent castles of the North of England. Students will explore Alnwick Castle, famous for featuring on television and film, such as Downton Abbey and Harry Potter and the Philosophers Stone. From Broomstick training, archery



and the opportunity to explore the infamous Dragon's lair- there is much to see and do here. Students will also visit Lindisfarne Castle located on Holy Island. Holy Island is separated from the UK mainland by a causeway, which means the island becomes inaccessible twice a day due to high tides. Lindisfarne is steeped in history, with amazing views across the coastline. With opportunities for shopping in the cities of Durham and Newcastle along the way this trip has something to appeal to everyone.

## SOUTHERN SUN, SURF & SAIL! Cornwall, UK.

1-4 May 2020 - Year 6-13.



This trip offers the opportunity to visit the south west of England, the best area the UK has to offer for learning to sail or surf! Students can choose to either follow the surf or sail pathway. Those who surf, will receive 2-3 surf lessons over the weekend at the Perranporth Surf School from qualified surf instructors, who are Beach Lifeguard trained. Once out of the water, students will visit the award-winning Eden Project, a global garden nestled in a crater the size of 30 soccer pitches, it boasts steamy jungles and waterfalls within the largest indoor rainforest in the world! For the Sail pathway, students will travel to historic Falmouth for an intensive 2 days of sail training, delivered by qualified instructors. Students will learn on Topper or Laser Class Dinghies to work towards completing the RYA Level 1 sailing qualification.



## OUTDOOR EDUCATION TRIP - Lincoln, UK.

13-15 May 2020 - Year 6.



This PGL residential trip at Caythorpe Court, aims to give students the opportunity to work together in a physical and social outdoors environment, developing their independence, confidence and relationships with their peers in their year group. Students will be allocated groups where they will take part in some of the following activities over the course of the 3 days: Abseiling; Aero Ball; Archery; Arts and Crafts; Ball Sports; Camp Craft; Challenge Course; Climbing; Fencing; Giant Swing; High Ropes; Initiative Exercises; Jacob's Ladder; Kayaking; Low Ropes; Orienteering;



Parachute Games; Raft Building; Sensory Trail; Survivor; Trapeze; Vertical Challenge; Zip Wire.

## OUTDOOR EDUCATION TRIP - Skipton, UK.

13-15 May 2020- Year 5.



This 3-day residential trip to High Adventure Outdoor Education Centre at Cowling, near

Skipton in rural North Yorkshire is part of the Year 5 programme of trips supporting students' education beyond the classroom. It is hoped that all Year 5 students will attend, and the trip will be a nice way to mark the year group's time together in Chapter House. The students will take part in a wide range of activities, which are both physically and mentally challenging and encourage cooperation and team work. The activities include high ropes climbing, canoeing on a reservoir, archery, a zip line, team building and problem-solving tasks such as the indoor labyrinth. The students gain a wealth of



experiences and never fail to amaze themselves by what they can achieve.

## SUMMER SIGHTS - London, UK.

15-17 May 2020 - Year 3-13.



This year, our traditional London trip will take place in the Summer term, so students can discover more of the outdoor sights the capital has to offer. Students will take a ride on the London Eye, the most popular paid tourist attraction in the UK, which offers stunning panoramic views across the city. A walking tour will introduce students to London's most spectacular sights and history, including Buckingham Palace and the Natural History Museum. A boat tour on the river Thames, a climb to the Sky Garden and a picnic in the park, will give students a relaxed outdoor experience. For our senior students, Oxford Street shops await, before a West End theatre show in the evening. This is certainly a trip not to be missed!









## SWIM & DIVE SARDINIA! Sardinia, Italy.

23-28 May 2020 - Year 6-13.



During this exciting new trip, students can either scuba dive or take on the challenge of open water ocean swimming! For students learning to dive, they will complete an intensive 4 days of theory and practical dive training, culminating in the completion of their PADI Open Water certification. Students who have already achieved a dive qualification can progress to the next level, completing their Advanced Open Water, Rescue or Adventure Diver. During their training, students will dive in the best dive sites that Sardinia has to offer, including the Marine Park of Maddalena and Marine Reserve of Lavezzi. Students will be supervised by qualified scuba instructors and lifeguards.

Students who choose the open water swimming option, must be strong and confident freestyle swimmers, able to complete 1km continuous swimming. They will receive coaching for the open water by qualified local guides and will embark on an exhilarating journey, where they





will swim as a group along parts of the coast of Sardinia.



### MAGICAL MOSCOW

Summer Term 2020 – Year 9-13



The summer term visit to Moscow will explore the city's most beautiful sights and give students a flavour of its culture and history. We will walk through the city visiting the

well-known places such as Red Square, St. Basil's Cathedral, Lenin's Mausoleum, and the State Historical Museum, Kremlin, Kitay Gorod, Art Park Muzeon and Gorky Park. As we make our way along the Moscow river embankment students can enjoy views of the Kremlin and the Cathedral of the Christ the Savior, Novodevichy Convent. With a capital city steeped in history and culture there will be plenty of opportunities to visit and view the many memorials including the Triumphal Arch, Old Arbat and Kolomenskove Historical and Architectural Museum and Reserve, with its stunning palaces, churches, cathedrals and facinating historical facts. We will take the students to visit the Kremlin, a self-contained city complete with palaces, churches and armories, as well as view a collection of over 50 Faberge eggs, precious jewellery and rare pieces of artwork from Russia's past. There will be time to shop as we make our way between the many sights and we will be making use of the Moscow Underground, which along with being one of the most reliable public transport systems is also





a treat for the eyes boasting marble, mosaics, stained-glass panels and bronze sculptures. For those who enjoy art we are planning to visit State Tretyakov Gallery and Garage Museum of Contemporary Art. This is set to be an exciting treat for those students who have an interest in art, culture and history.





## COMMUNITY PROJECT ZAMBIA - Lower Zambezi, Zambia.

June/July 2020 - Year 7-12.



Students will travel to the heart of Africa to continue the meaningful community project work started by our students on this trip in June 2019. Students will visit a Zambian school and also receive environmental education, learning about rural Zambia and its conservation projects. Gota Gota School houses a primary and secondary section, where its children travel long distances on foot to access education. The children are delightful; hardworking, well-mannered with high aspirations for their future, Despite, the cramped teaching spaces, sparse learning resources, including the internet, limited sports equipment. Before departure students will work together to generate learning resources and fundraise for various equipment to take out to the school.















On this trip students will contribute in various ways, for example assisting with building or grounds maintenance, painting, running activities for the children, listening children read and coaching sports. Students will also learn about conservation and environmental impact, meet new wildlife, complete bush walks, cook on a camp fire and star gaze. This trip is an excellent opportunity for the holistic development of our younger students and a valuable experience to draw upon in UCAS applications or to a future employer, for senior students. Students will stay in safari tents with mosquito netting at a lodge nestled in the Lower Zambezi Valley on the doorstep of Zambia's best wilderness areas. Students will eat meals in the open dining room or cook on a camp fire and enjoy the small outdoor pool to cool off after a day of hard work and adventure! For the first time, this trip will also include a two-night stop in Livingstone to see the spectacular Victoria Falls!







## BACKPACK DOWN UNDER! Australia & New Zealand.

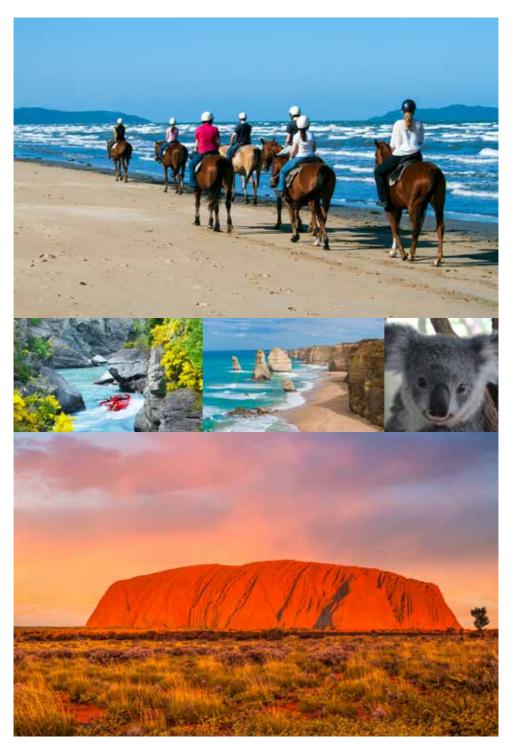
June/July 2020 - Year 9-12.



Students will embark on a once in a life time adventure, akin to a mini 'gap-year', backpacking Down Under! Their journey will begin in Auckland, New Zealand, with a memorable 'Maori Experience' and visit to the hot springs in Rotorua. A short flight to the South Island, will bring students to Queensland, the adrenaline capital of the southern hemisphere. Here students will take an exhilarating jet boat or white-water raft trip through the Grade 3-5 rapids of the Shotover River, and by way of contrast, enjoy a serene kayak in the picturesque magical stillness of Milford Sound. Students will ride the Queenstown cable car for impressive views of the surrounding mountains and lakes, whizzing back down on the fun Luge track! If time allows and for those able, a few hours skiing may be possible at the Remarkables ski resort, followed by a delicious hot chocolate, enjoyed lakeside as we reflect on our time in New Zealand and look forward to further adventures in Australia.



Arriving in the warmer climes of Brisbane, students can snorkel at the beach, marvel at the vibrant colours in the botanical gardens, and hold a koala at Lone Pine Sanctuary. From the coast, students will fly to Alice Springs in the Northern Territory for an unforgettable outback adventure, which will include a stop at the ANZAC memorial, telegraph station and Flying Doctors Museum. Trekking through Kings Canyon and Uluru-Kata Tjuta National Park, students will see impressive rock formations and experience sunrise/sunset at Uluru (Ayres Rock). Camping will be for two nights, in traditional Australian 'swag' bags under the spectacular stars in an area unspoilt by light pollution. From the starry outback to the vibrant sporting city of Melbourne, students can choose to take the hop-on-hopoff bus tour, visit the National Sports Museum, Melbourne Cricket Ground or shop 'til they drop in the markets and retail outlets. After this city stop, students will journey along the breath-taking Great Ocean Road, which winds its way along the historical shipwreck coast, stopping at London Bridge, the Twelve Apostles, Great Otway National Park and Rainforest and for an unforgettable beach and bush horseback ride. The final stop on this trip will be Sydney, with time spent reflecting on this amazing trip in a Blue Mountains ranch or at Manly and Bondi Beaches! Any keen swimmers can complete laps in the famous Bondi Iceberg 50m sea-water filled pool, whilst others may choose to shop or complete the iconic climb of Sydney Harbour Bridge! A tour of the world-famous Sydney Opera House and harbour-side meal will conclude this staggeringly incredible experience!



## COMBINED CADET FORCE (CCF) TRIPS - Various UK locations.

Various Dates throughout 2019-20 - Year 8-13.



In addition to our overseas trip to Cyprus, see earlier page, we also offer students UK-based residential training trips:

- Autumn 19: RAF Camp Lossiemouth (7 nights).
- Autumn 19: Ex Winter Warmer Warcop (2 nights).
- Spring 20: Ex Best Behaviour (1 night).
- Spring 20: Ex First Step Ripon (1 night).
- Summer 20: Ex Dragon's Challenge Snowdonia (4 nights).
- Summer 20: Ex Yorkshire Warrior (7 nights).





## OVERNIGHT SPORTS TRIPS – Various locations, UK.

Various Dates throughout 2019-20 - Year 5-13.



Students have many opportunities to enjoy fantastic experiences, including participating

in tournaments at world-class Olympic venues, competing at the biggest rugby sevens tournament and watching live professional sporting events:

- Senior Team ISFA National Sixes Football Winchester.
- Year 10/11 Football Manchester.
- Year 9 Rugby Coventry.
- Year 6 ISA National Rugby Bedford.
- Year 6 & 8 ISA National Girls' Hockey London Olympic Park.
- Senior Team Hockey Isle of Man.
- National Swimming Finals London Olympic Park.
- National Girls' & Boys' Indoor Hockey London.
- Year 6 & 8 ISA National Boys' Hockey London Olympic Park.
- Year 7 Football & Netball Cheshire.
- National Netball Finals London.
- National Rugby Sevens Rosslyn Park.
- Year 5 Cricket and Rounders Camping Trip Derby.

All sports trips are by invitation only for students who show commitment to school sport and good conduct in school throughout the year.





#### EXTERNAL RESIDENTIAL TRIPS

Our students can obtain valuable work experience and personal development on external residential trips

### NATIONAL CITIZEN SERVICE - Various locations nationwide.

October half-term & Summer Holidays - Age 15-17 Independent Applications.

The NCS is an external organisation that provides fantastic opportunities for students outside of term-time and can count as the residential section of Gold DofE. The NCS gives young people the chance to embark on exhilarating challenges and build skills for work and life. Phase 1: Living with others at an outdoor activity centre, students will get to know some amazing people and enjoy some quality time away from home. The best part? They will find themselves in a group of 12-15 incredible people they have never met before – people who will change their life and whose lives they'll change. In their team, they will get the chance to take on some adrenaline-fuelled challenges like rock climbing, canoeing, hiking and archery. Phase 2: Students will be reunited with their group in a university-style environment where they will develop life skills like confidence, leadership and communication to boost their CV or UCAS application working on a community project together. To find out more about NCS, as well as Phases 3 & 4, and how to apply for this external programme visit: http://www.ncsyes.co.uk/what-is-ncs.

## INTERNATIONAL CITIZEN SERVICE – Various locations worldwide. Summer Holidays – GAP Year, Age 18+ Independent Applications.

The ICS is an external overseas volunteering programme for young people aged 18-25 years, funded by the UK Government's Department for International Development. To volunteer young people do not need cash, skills or qualifications – just the ambition to make a difference! Placements are 10 to 12 weeks in length and take place in countries in Central Africa, Central and South East Asia. If school leavers wish to spend a summer away making a difference before university or to kick start a GAP Year, the ICS will give a sense of accomplishment and boost both their CV and future employment prospects. For more information or to apply for this external programme visit: http://www.volunteerics.org.

## WORKING HOLIDAYS – Volunteer with the NATIONAL TRUST at various UK locations.

Summer Holidays Jul- Sep 2019 & 2020 – Age 16+ Independent applications.

Introducing the National Trust's residential volunteering opportunities for young people to contribute to sustaining protected National Trust areas. This provides a great sense of 'giving back' to the countryside visit and is useful volunteering work experience evidence for university or future employers and can count as the residential section of Gold DofE. Below are just some projects available:

- Bush Camping Expedition North Devon.
- Meadow and Heathland Maintenance Northumberland.
- Fix the Fells Upland Path Repairs Cumbria.
- Guardians of the Trees Derbyshire.
- Restoring Pembrokeshire Hedge Banks Pembrokeshire

Anyone interested will need to apply directly to the National Trust to participate and if under 18 years of age will need a parent/guardian to sign the booking form.

For more information on these external opportunities, please go to:

https://www.nationaltrust.org.uk/holidays/working-holidays

## FREQUENTLY ASKED QUESTIONS

How do I apply for my child to join a full day excursion or residential trip?

Between May and December 2019, a letter for each full day excursion and residential trip will be sent to parents, detailing the itinerary, demands and cost of that trip. It is important that your child is aware of the nature of the trip and what it involves so they are happy to participate in the full adventure. An Application and Consent Form will be available on the Parent Portal when you receive this letter.

How do I know if my child has a place on a full day excursion or residential trip?

All trips require a minimum of 12 students to be viable, however our trips are often oversubscribed. Applications for a place on a trip will be reviewed by the Trip Leader and the relevant Boarding, Co-Curricular, Pastoral and School Team, who will consider a variety of factors to confirm places. This includes, but is not limited to, number of places, accommodation configurations and the student's conduct in school and/or boarding. The parents of all applicants will be emailed once all places are filled; please note this may take a number of weeks however should be shortly after the deadline for applications closes. When a trip is oversubscribed, and it is not possible to increase the number of places, unsuccessful applicants will be added to a reserve list and contacted if a place becomes available. Students with a poor conduct record will not be added to a reserve list.

When will I be financially committed to a full day excursion or residential trip?

Once your application for a place on a residential trip is received and a place has been confirmed, you will be financially committed to the trip. Charges will be added in full to your school account.

What happens if I withdraw my child from a full day excursion or residential trip? Should you need to withdraw your child from a full day excursion or residential trip, please email trips@qe.org as soon as possible. The Co-Curricular Trips Team will always endeavour to find a replacement; however, this cannot be guaranteed and should not be relied upon. Please note once your application for a place on a residential trip is received and a place has been confirmed, charges will be added in full to your school account. Only if a replacement can be sourced in good time will a refund be possible. For some trips, this may incur a flight name change charge.

If my child attends a residential trip will I receive updates about their participation? All parents will receive confirmation when a residential trip arrives at its destination and back to QE. In addition, a mid-week email update will be sent, with further details and photographs available on the QE Facebook page, where possible during a trip.

#### CO-CURRICULAR CONTACT INFORMATION

Should you require any further information about any of the trips in this booklet, please contact our Co-Curricular Trips Team directly on:

trips@qe.org

Emma J Chapman Head of Co-Curricular Joseph Freeman

Deputy Head of Co-Curricular