

Level 1:



Queen Ethelburga's Collegiate

Personal Development Department Year 9 Overview 2021-22

This is an overview of the different topics in Personal Development which are subject to change in response to current issues. Personal Development includes Relationships and Sex Education (RSE) and encompasses Social, Moral, Spiritual and Cultural (SMSC) education, careers and works closely with all other school teams to provide a bespoke programme for all students in KS3 and 4. It is delivered by specialist subject teachers in dedicated lessons located in the Personal Development Department. All students receive 1 hour each week.

Term	Week	w/c	Unit title	SMSC	Lesson themes
Autumn (1)	1	6/09/21	Values and culture at QEC	All	Ground rules / teamwork
	2	13/09/21		All	Expectations in PD - skills/teamwork/target setting
	3	20/09/21		SMC	School support networks/Mindfulness/stress relief
	4	27/09/21		SMC	E-safety- Digital Wellbeing Week - misuse of social media
	5	04/10/21		SC	Sexting/nudes and the law - Consent/self-respect
	6	11/10/21		All	Restart a heart/first aid
	7	18/10/21		SMC	Friendships and acceptable behaviours/prevent - British values
Autumn (2)	8	01/11/21	Values and culture at QEC	SMC	Cooking session with school chef
	9	08/11/21		SMC	Slavery and trafficking-sex trade
	10	15/11/21		SMC	FGM/Breast Ironing
	11	22/11/21		All	Anti-Bullying Week
	12	29/11/21		SMC	Terrorism /radicalisation
	13	06/12/21		SMC	Knife crime lesson
	14	13/12/21		SMC	Parenting- Baby Borrowers
Spring (1)	15	10/01/22	KS4 options/Healthy Living and wellbeing	SMC	Parenting- Baby Borrowers
	16	17/01/22		All	Wellbeing Week - Mental Health
	17	24/01/22		All	Body Image
	18	31/01/22		SMC	Cultural Awareness Week
	19	07/02/22		SC	Career Options at QE - College/Faculty team and Careers - future options/subjects
	20	14/02/22		SMC	Contraception / sexual relationships / consent and the law
Spring (2)	21	28/02/22	Healthy Living	SMC	STI's
	22	07/03/22		SMC	Dangers of smoking
	23	14/03/22		SMC	Dangers of alcohol
	24	21/03/22		S	Alcohol/smoking part 2
	25	28/03/22		S	Spiritual Awareness Week
	26	04/04/22		SMC	Drugs awareness

Summer (1)	27	25/04/22	Equality and Diversity/Keeping safe and well being	SMC	Eating Disorders
	28	02/05/22		All	Equality Week Freedom Writers Wk 1
	29	09/05/22		SMC	Equality Week Freedom writers Wk 2
	30	16/05/22		SMC	Cancer awareness
	31	23/05/22		SMC	Addictions-internet/pornography
Summer (2)	32	06/06/22	Reflections/environmental awareness/self-preservation	SMC	Environmental Awareness
	33	13/06/22		All	Healthy/unhealthy relationships
	34	20/06/22		All	Therapeutic activities - outdoor. Year overview - reflection and achievements in KS3. Targets for KS4

Whole school awareness weeks

SMSC meanings

<p style="text-align: center;">Social</p> <p>Use social skills in different contexts; work well with others; resolve conflicts; understand how communities work.</p>	<p style="text-align: center;">Moral</p> <p>Recognise right and wrong; understand consequences; investigate moral and ethical issues; offer reasoned views.</p>
<p style="text-align: center;">Spiritual</p> <p>Explore beliefs and experience; respect values; discover oneself and the surrounding world; use imagination and creativity; reflect.</p>	<p style="text-align: center;">Cultural</p> <p>Appreciate cultural influences; participate in cultural opportunities; understand, accept, respect and celebrate diversity.</p>

This is embedded into the topics we deliver as indicated on the overview.