



Personal Development Department Year 5 Overview 2021-22

In Chapter House we teach Personal Development (PD) and Religious Education (RE) under the umbrella of 'Personal Development,' known as 'PD'. PD helps to give pupils the knowledge, skills and understanding they need to lead confident, healthy and independent lives and become informed, active and responsible citizens. Personal Development encompasses Social, Moral, Spiritual and Cultural (SMSC) education and Relationships and Health Education (RHE). All students receive a dedicated 1-hour PD lesson each week.

Year Five	Week	W/C	Unit Title	Lesson Themes
PD Autumn				
Light Relationships	1	06/09/2021	TEAM-together everyone achieves more Forgiveness	Settling in- school policies, E-safety - digital wellbeing AUP, PD ground rules Being part of a team, Circle time rules
	2	13/09/2021		Together everyone achieves more What is forgiveness?
	3	20/09/2021		Communicate Forgiveness in Judaism
	4	27/09/2021		E-safety-Digital Wellbeing Week - staying safe online Compromise and collaborate Yom Kippur
	5	04/10/2021		Care Forgiveness in Buddhism
	6	11/10/2021		Unkind behaviour Comparing forgiveness
	7	18/10/2021		Shared responsibilities A symbol of forgiveness
Light	8	01/11/2021	The True Meaning of Christmas Aiming High	You can achieve anything Explanation Breaking down barriers Love
	9	08/11/2021		Future focus Power and vulnerability
	10	15/11/2021		Anti Bullying Week - develop strategies to prevent bullying
	11	22/11/2021		Equal opportunities Christmas cards
	12	29/11/2021		The world of work Carols
	13	06/12/2021		Onwards and upwards Christmas debate
	14	13/12/2021		
Year Five				
PD Spring				
Love Health and Wellbeing	15	10/01/2022	It's My Body Peace Be Yourself Worship	*Your body is your own Introduction to peace Wellbeing and Healthy Lifestyle Week
	16	17/01/2022		Exercise right, sleep tight Peace across religions
	17	24/01/2022		Taking Care of our bodies Comparisons across religions
	18	31/01/2022		Harmful substances Inner peace
	19	07/02/2022		Cultural Awareness Week How we think and feel about our bodies Community cohesion
	20	14/02/2022		Healthy Choices Peace symbols
	21	28/02/2022		You are unique Having worth
	22	07/03/2022		Let it out! Music
	23	14/03/2022		Uncomfortable feelings Prayer
	24	21/03/2022		The confidence trick Art
	25	28/03/2022		Spirituality Week Do the right thing Artefact
26	04/04/2022	Making amends Freedom		
Year Five				
PD Summer				
Living Wider World	27	25/04/2022	Commitment Money Matters	Look after it! What is commitment?
	28	02/05/2022		Critical Consumers Growing in commitment
	29	09/05/2022		Equality Week Value for money Sacrifice
	30	16/05/2022		Budgeting Fasting (girls period talk)
	31	23/05/2022	Borrowing and saving Marriage	
	32	06/06/2022	Britain	Respecting the law How do you stay committed?
	33	13/06/2022		Local government /National government
	34	20/06/2022		Transition into Year 6

Whole school awareness weeks

SMSC meanings

Social	Moral
Use social skills in different contexts; work well with others; resolve conflicts; understand how communities work.	Recognise right and wrong; understand consequences; investigate moral and ethical issues; offer reasoned views.
Spiritual	Cultural
Explore beliefs and experience; respect values; discover oneself and the surrounding world; use imagination and creativity; reflect.	Appreciate cultural influences; participate in cultural opportunities; understand, accept, respect and celebrate diversity.

This is embedded into the topics we deliver as indicated on the overview.