



**Personal Development Department Year 4 Overview 2021-22**

In Chapter House we teach Personal Development (PD) and Religious Education (RE) under the umbrella of 'Personal Development,' known as 'PD'. PD helps to give pupils the knowledge, skills and understanding they need to lead confident, healthy and independent lives and become informed, active and responsible citizens. Personal Development encompasses Social, Moral, Spiritual and Cultural (SMSC) education and Relationships and Health Education (RHE). All students receive a dedicated 1-hour PD lesson each week.

Year Four	Week	W/C	Unit Title	Lesson Themes
<b>PD Autumn</b>				
Light Relationships	1	06/09/2021	<b>Christianity/ VIP</b>	Settling in- school policies, E-safety AUP, PD ground rules Being part of a team, Circle time rules
	2	13/09/2021		Who and where Family and friends
	3	20/09/2021		Main Beliefs Fabulous friends
	4	27/09/2021		Special places Is this a good relationship? E-safety-Digital Wellbeing Week - staying safe online
	5	04/10/2021		Special festivals Falling out
	6	11/10/2021		Holy Book What is bullying?
	7	18/10/2021		Symbols and meanings Stand up to bullying
Light	8	01/11/2021	<b>Digital Wellbeing The Bible</b>	The digital world What makes a text sacred?
	9	08/11/2021		Digital Kindness Who wrote the bible?
	10	15/11/2021		Do I know you? Stories, songs and Psalms
	11	22/11/2021		Anti Bullying Week - develop strategies to prevent bullying. Speaking in stories
	12	29/11/2021		Online information How do Christians use the bible?
	13	06/12/2021		Keep it private What is scared to you ?
	14	13/12/2021		My Digital Wellness The Christmas Story
<b>Year Four</b>	<b>Week</b>	<b>W/C</b>	<b>Unit Title</b>	<b>Lesson Themes</b>
<b>PD Spring</b>				
Love Health and Wellbeing	15	10/01/2022	<b>Pilgrimages /People of Faith Think Positive Growing up</b>	Budhism Pilgrimages Happy minds Happy people Wellbeing and Healthy lifestyle Week
	16	17/01/2022		Thoughts and Feelings Christian pilgrimages
	17	24/01/2022		Changes Hindu Pilgrimages
	18	31/01/2022		Cultural Awareness Week Keep calm and relax
	19	07/02/2022		You're the boss Muslim Pilgrimages
	20	14/02/2022		Always learning Jewish Pilgrimages
	21	28/02/2022		*Changes in boys Special journeys
	22	07/03/2022		*Changes in girls Malala Yousafzia
	23	14/03/2022		*Changing emotions Dalai Lama
	24	21/03/2022		Spirituality Week Rabbi Jonathan Sacks
	25	28/03/2022		Relationships and Families Fauja Singh
26	04/04/2022			
<b>Year Four</b>	<b>Week</b>	<b>W/C</b>	<b>Unit Title</b>	<b>Lesson Themes</b>
<b>PD Summer</b>				
Living Wider World	27	25/04/2022	<b>Safety First Food and Fasting</b>	New responsibilities Religious rules about food Risks hazards and danger Giving up food
	28	02/05/2022		Under pressure Fasting Equality week
	29	09/05/2022		Dangerous substances Road safety
	30	16/05/2022		Food for celebration
	31	23/05/2022	<b>One World Buddism</b>	Chiwa and kwende Buddhism - who and where
	32	06/06/2022		Main beliefs Chiwa's dilemma
	33	13/06/2022		Special places Chiwa's sugar Transition into Year 5
	34	20/06/2022		

**Whole school awareness weeks**

**SMSC meanings**

<p align="center"><b>Social</b></p> <p>Use social skills in different contexts; work well with others; resolve conflicts; understand how communities work.</p>	<p align="center"><b>Moral</b></p> <p>Recognise right and wrong; understand consequences; investigate moral and ethical issues; offer reasoned views.</p>
<p align="center"><b>Spiritual</b></p> <p>Explore beliefs and experience; respect values; discover oneself and the surrounding world; use imagination and creativity; reflect.</p>	<p align="center"><b>Cultural</b></p> <p>Appreciate cultural influences; participate in cultural opportunities; understand, accept, respect and celebrate diversity.</p>

This is embedded into the topics we deliver as indicated on the overview.