

Level 1:



Queen Ethelburga's Collegiate

Personal Development Department Year 11 Overview 2021-22

This is an overview of the different topics in Personal Development which are subject to change in response to current issues. Personal Development includes Relationships and Sex Education (RSE) and encompasses Social, Moral, Spiritual and Cultural (SMSC) education, careers and works closely with all other school teams to provide a bespoke programme for all students in KS3 and 4. It is delivered by specialist subject teachers in dedicated lessons located in the Personal Development Department. All students receive 1 hour each week.

Term	Week	w/c	Unit title	SMSC	Lesson themes
Autumn (1)	1	06/09/21	Values and culture at QEC/relationships	All	Expectations / ground rules / recovery curriculum
	2	13/09/21		All	Expectations in PD - skills/targets/teamwork/ground rules/SMSC school support networks
	3	20/09/21		All	Mental Health/coping strategies
	4	27/09/21		SMC	E-safety-Digital Wellbeing Week
	5	04/10/21		SMC	Relationships - identifying the unhealthy ones/managing changes
	6	11/10/21		SMC	Restart a heart/first aid techniques
	7	18/10/21		SMC	Readiness for sex/consent/recognise manipulation/harassment
Autumn (2)	8	01/11/21	Keeping safe/healthy living	All	Revision techniques
	9	08/11/21		SMC	World issues: it's in the news
	10	15/11/21		SMC	Abortion - unwanted pregnancy
	11	22/11/21		SC	Anti-Bullying Week - Antibullying online
	12	29/11/21		SMC	Letters of application/CV writing
	13	06/12/21		SMC	Interview skills: making a good impression
	14	13/12/21		SMC	Driving theory/test-process. Road signs.
Spring (1)	15	10/01/22	Healthy living and well being	SMC	Sexual health summary
	16	17/01/22		All	Wellbeing/Healthy Lifestyles Week - sleep and rest-routines
	17	24/01/22		SMC	Vaping-dangers/misconceptions.
	18	31/01/22		SMC	Cultural Awareness Week
	19	07/02/22		SMC	Drugs/smoking - effects /impact on lives/summary
	20	14/02/22		All	Alcohol and effects/impact on society/environmental
Spring (2)	21	28/02/22	Finances/keeping safe/self preservation	SC	Fraud prevention/money mules/CIFAS Antifraud
	22	07/03/22		SC	Terrorism/radicalisation
	23	14/03/22		SC	Addictions types /debate/evaluations. Social media
	24	21/03/22		SC	Budgeting: buying a car or house.
	25	28/03/22		SC	Spiritual Awareness Week
	26	04/04/22		SC	Insurance/mortgages/loans

Summer (1)	27	25/04/22	Equality and diversity/careers	SMC	Careers Post 16/ready steady cook
	28	02/05/22		All	Careers Post 16/ready steady cook
	29	09/05/22		SC	Equality week
	30	16/05/22		SMC	Revision toolkit
	31	23/05/22		SC	Revision toolkit
Summer (2)	32	06/06/22	Reflections	SMC	Environmental Awareness
	33	13/06/22		SMC	Cancer awareness - self checking testicular and breast cancer
	34	20/06/22		All	Revision toolkit/reflections on year and future aspirations

Whole school awareness weeks

SMSC meanings

<p style="text-align: center;">Social</p> <p>Use social skills in different contexts; work well with others; resolve conflicts; understand how communities work.</p>	<p style="text-align: center;">Moral</p> <p>Recognise right and wrong; understand consequences; investigate moral and ethical issues; offer reasoned views.</p>
<p style="text-align: center;">Spiritual</p> <p>Explore beliefs and experience; respect values; discover oneself and the surrounding world; use imagination and creativity; reflect.</p>	<p style="text-align: center;">Cultural</p> <p>Appreciate cultural influences; participate in cultural opportunities; understand, accept, respect and celebrate diversity.</p>

This is embedded into the topics we deliver as indicated on the overview.