

Level 1:



Queen Ethelburga's Collegiate

Personal Development Department Year 10 Overview 2021-22

This is an overview of the different topics in Personal Development which are subject to change in response to current issues. Personal Development includes Relationships and Sex Education (RSE) and encompasses Social, Moral, Spiritual and Cultural (SMSC) education, careers and works closely with all other school teams to provide a bespoke programme for all students in KS3 and 4. It is delivered by specialist subject teachers in dedicated lessons located in the Personal Development Department. All students receive 1 hour each week.

Term	Week	w/c	Unit title	SMSC	Lesson themes
Autumn (1)	1	06/09/21	Values and culture at QEC	All	Expectations / ground rules / teamwork
	2	13/09/21		All	Expectations
	3	20/09/21		SSC	Mental Health
	4	27/09/21		SMC	E-safety-Digital Wellbeing Week Ethics based lesson
	5	04/10/21		SMC	Body confidence
	6	11/10/21		SMC	Restart a heart/first aid techniques
	7	18/10/21		SMC	Online pornography
	8	01/11/21		SMC	Revision Focus/study skills
Autumn (2)	9	08/11/21	Healthy living and well being	SMC	Ethics based lesson
	10	15/11/21		SMC	Cyberbullying Part 1
	11	22/11/21		SMC	Anti-Bullying Week – cyberbullying
	12	29/11/21		All	Religious festivals: work with school chef
	13	06/12/21		SMC	Drugs/Illegal Highs
	14	13/12/21		SMC	Addiction (gambling)
Spring (1)	15	10/01/22	Healthy living and well being Careers	All	Sexting and the law managing online romance
	16	17/01/22		All	Wellbeing week: Healthy relationships
	17	24/01/22		SMC	Mental Health workshop
	18	31/01/22		SMC	Cultural Awareness Week
	19	07/02/22		SMC	Promoting emotional wellbeing
	20	14/02/22		All	Careers
Spring (2)	21	28/02/22	Crime and punishment	All	Contraception recap
	22	07/03/22		All	STI/HIV focus recap
	23	14/03/22		All	Financial capabilities: loans/budgeting/credit cards
	24	21/03/22	Equality and Diversity	SMC	Financial capabilities: mortgages and insurance
	25	28/03/22		SMC	Spirituality Week
	26	04/04/22		SMC	Justice system

	27	25/04/22		SMC	Knife crime
Summer (1)	28	02/05/22	Finances	SMC	Terrorism/radicalisation
	29	09/05/22		SMC	Equality Week
	30	16/05/22		SMC	Equality follow up
	31	23/05/22		SMC	Cancer Awareness
	32	06/06/22		Save the environment and reflections	SMC
33	13/06/22	SMC	Work Experience		
34	20/06/22	All	Year overview - reflecting on achievements and targets for the future		

Whole school awareness weeks

SMSC meanings

<p style="text-align: center;">Social</p> <p>Use social skills in different contexts; work well with others; resolve conflicts; understand how communities work.</p>	<p style="text-align: center;">Moral</p> <p>Recognise right and wrong; understand consequences; investigate moral and ethical issues; offer reasoned views.</p>
<p style="text-align: center;">Spiritual</p> <p>Explore beliefs and experience; respect values; discover oneself and the surrounding world; use imagination and creativity; reflect.</p>	<p style="text-align: center;">Cultural</p> <p>Appreciate cultural influences; participate in cultural opportunities; understand, accept, respect and celebrate diversity.</p>

This is embedded into the topics we deliver as indicated on the overview.