



Personal Development Department Year 1 Overview 2021-22

In Chapter House we teach Personal Development (PD) and Religious Education (RE) under the umbrella of 'Personal Development,' known as 'PD'. PD helps to give pupils the knowledge, skills and understanding they need to lead confident, healthy and independent lives and become informed, active and responsible citizens. Personal Development encompasses Social, Moral, Spiritual and Cultural (SMSC) education and Relationships and Health Education (RHE). All students receive a dedicated 1-hour PD lesson each week.

Year One	Week	W/C	Unit Title	Lesson Themes		
PD Autumn						
Light Relationships	1	06/09/2021	Team (Friendship) Caring for others (Understanding different religions.)	Settling in- school policies, e-safety/ AUP, PD ground rules. Being part of a team, Circle time rules		
	2	13/09/2021		Listening		
	3	20/09/2021		Looking after each other Unkind behaviour		
	4	27/09/2021		Hinduism Raksha Bandhan E-Safety-Digital Wellbeing Week staying safe online		
	5	04/10/2021		The good Samaritan Christianity		
	6	11/10/2021		Being Kind Kind behaviour on the playground		
	7	18/10/2021		Angar Sikhism Making sensible choices Be My Guest Islam Circle time - what have we got to be thankful for The Monkey King Buddhism		
Light	8	01/11/2021	Gifts and Giving Aiming High	Celebrate strengths What is Eid al-Fitr?		
	9	08/11/2021		Positive learning attitudes How is Eid al-Fitr celebrated		
	10	15/11/2021		Eid al-Fitr Presents Responsibility and ambition		
	11	22/11/2021		What is Christmas? Anti Bullying Week - develop strategies to prevent bullying.		
	12	29/11/2021		How is Christmas celebrated Future goals		
	13	06/12/2021		Christianity - Christmas presents looking forward to the new year		
	14	13/12/2021		Christianity Christmas story Circle time		
Year One						
PD Spring						
Love Health and Well Being	15	10/01/2022	Religions and Rituals Be Yourself Easter It's My Body	Marvelous me and being kind to yourself what are rituals		
	16	17/01/2022		Wellbeing and Healthy Lifestyle Week		
	17	24/01/2022		Understanding different feelings Salat		
	18	31/01/2022		Cultural Awareness Week things I like Puja		
	19	07/02/2022		Uncomfortable feelings Holy communion		
	20	14/02/2022		Changes Comparing rituals Cultural Awareness Week		
	21	28/02/2022		Speaking up to explain feelings Our own Ritual		
	22	07/03/2022		Circle time Palm Sunday		
	23	14/03/2022		My Body, My business Spirituality Week - Easter		
	24	21/03/2022		Mauandy Thursday - Clean as a whistle Circle time		
	25	28/03/2022		Good Friday Spirituality Week		
	26	04/04/2022		Easter Surprises - circle time		
	Year One					
	PD Summer					
Living Wider World	27	25/04/2022	It's My Body Friendship Places of worship Britain	Active How can I be a good friend?		
	28	02/05/2022		Healthy food Buddhism the wind & the man		
	29	09/05/2022		Can I Eat It? Hinduism Deer and Crow Equality Week		
	30	16/05/2022		Keeping clean Christianity David & Jonathon		
	31	23/05/2022		I can choose 12 special friends		
	32	06/06/2022		My Community Synagogue		
	33	13/06/2022		My Neighbourhood Hindu Mandir		
	34	20/06/2022		Church Transition into Y2		
Whole school awareness weeks						

SMSC meanings

<p>Social</p> <p>Use social skills in different contexts; work well with others; resolve conflicts; understand how communities work.</p>	<p>Moral</p> <p>Recognise right and wrong; understand consequences; investigate moral and ethical issues; offer reasoned views.</p>
<p>Spiritual</p> <p>Explore beliefs and experience; respect values; discover oneself and the surrounding world; use imagination and creativity; reflect.</p>	<p>Cultural</p> <p>Appreciate cultural influences; participate in cultural opportunities; understand, accept, respect and celebrate diversity.</p>

This is embedded into the topics we deliver as indicated on the overview.