



### Personal Development Department Year 5 Overview 2023-24

In Chapter House we teach Personal Development (PD) and Religious Education (RE) under the umbrella of 'Personal Development,' known as 'PD'. PD helps to give pupils the knowledge, skills and understanding they need to lead confident, healthy and independent lives and become informed, active and responsible citizens. Personal Development encompasses Social, Moral, Spiritual and Cultural (SMSC) education and Relationships and Health Education (RHE). All students receive a dedicated 1-hour PD lesson each week.

Year Five	Week	W/C	Unit Title	Lesson Themes
PD Autumn				
	1	04/09/2023	<p style="text-align: center;"><b>TEAM-together</b> everyone achieves more <b>Forgiveness</b></p>	Settling in- school policies, e-safety/ AUP, PD ground rules. Being part of a team, Circle time rules
	2	11/09/2023		Together everyone achieves more what is forgiveness?
	3	18/09/2023		Communicate Forgiveness in Judaism
	4	25/09/2023		Digital Awareness Week
	5	02/10/2023		Compromise and collaborate Yom Kippur
	6	09/10/2023		Care forgiveness in Buddhism
	7	16/10/2023		Unkind behaviour comparing forgiveness Shared Responsibilities A symbol for Forgiveness
			<b>Half Term</b>	
	8	06/11/2023	<p style="text-align: center;"><b>The True Meaning of</b> <b>Christmas</b> <b>Aiming High</b></p>	You can achieve anything! Explanation
	9	13/11/2023		Anti Bullying Awareness Week breaking down barriers Love
	10	20/11/2023		Future focus power and vulnerability
	11	27/11/2023		Equal opportunities Christmas cards
	12	04/12/2023		The world of work Carols
	13	11/12/2023	Onwards and upwards Christmas debate	
			<b>Christmas Holidays</b>	
Year Five	Week	W/C	Unit Title	Lesson Themes
PD Spring				
	14	08/01/2024	<p style="text-align: center;"><b>It's My Body</b> <b>Peace</b></p>	*Your body is your own introduction to peace
	15	15/01/2024		Exercise right, sleep tight peace across religions
	16	22/01/2024		Taking Care of our bodies comparisons across religions
	17	29/01/2024		Harmful substances inner peace
	18	05/02/2024		How we think and feel about our bodies community cohesion
			<b>Half Term</b>	
	19	19/02/2024	<p style="text-align: center;"><b>Be Yourself</b> <b>Worship</b></p>	You are unique Having worth
	20	26/02/2024		Let it out! Music
	21	04/03/2024		Equality Awareness Week
	22	11/03/2024		Uncomfortable feelings Prayer
	23	18/03/2024		The confidence trick Art Do the right thing Artefact
			<b>Easter Holidays</b>	
Year Five	Week	W/c	Unit Title	Lesson Themes
PD Summer				
	24	08/04/2024	<p style="text-align: center;"><b>Commitment</b> <b>Money Matters</b></p>	Look after it! What is commitment?
	25	15/04/2024		Critical Consumers Growing in commitment
	26	22/04/2024		Value for money Sacrifice
	27	29/04/2024		Fasting (girls period talk in PD)
	28	06/05/2024		Budgeting Marriage
	29	13/05/2024		Money and Emotional Wellbeing How do you stay committed?
	30	24/05/2024		Spirituality Awareness Week Money in the Wider World committing to one another
			<b>Half Term</b>	
	31	03/06/2024	<p style="text-align: center;"><b>Britain</b> <b>(in PD and RE sessions)</b></p>	Communities/Respecting the law
	32	10/06/2024		Local government /National government
	33	17/06/2024		Transition into Year 6 Cultural Awareness Week

#### SMSC meanings

<p style="text-align: center;"><b>Social</b></p> <p>Use social skills in different contexts; work well with others; resolve conflicts; understand how communities work.</p>	<p style="text-align: center;"><b>Moral</b></p> <p>Recognise right and wrong; understand consequences; investigate moral and ethical issues; offer reasoned views.</p>
<p style="text-align: center;"><b>Spiritual</b></p> <p>Explore beliefs and experience; respect values; discover oneself and the surrounding world; use imagination and creativity; reflect.</p>	<p style="text-align: center;"><b>Cultural</b></p> <p>Appreciate cultural influences; participate in cultural opportunities; understand, accept, respect and celebrate diversity.</p>

This is embedded into the topics we deliver as indicated on the overview.